

## National Council of Jewish Women Community Service Projects 2011-2012

Project	Brief Description	When
Attitudes & Attire	Offers workshops developing self-esteem and work ethics to economically disadvantaged women. NCJW volunteers act as image consultants to help select professional clothing and accessories for the workplace.	Second Thursday of the month from 2:00-4:00 pm (other times available): work in the A&A boutique housed inside the World Trade Center
Food + Fit = Fun	This bilingual program helps low-income parents prepare their preschool children for a healthy beginning for academic success and a healthy overall lifestyle. Partnering with HIPPY in DISD and RISD, Food+Fit=Fun promotes good nutritional habits and regular physical activities.	1 ½ to 2 hour sessions during the school year: food and nutrition classes, physical activity classes (at your convenience)
Hello Israel	This educational enrichment program introduces 6th graders to the country of Israel - its culture, people, history, geography, economy, and government, ancient and modern - and encourages friendships based on mutual understanding of diverse cultures.	2-2 ½ hours: presenters choose dates and schools base on schedule and availability; during the school year only
HIPPY	HIPPY (Home Instruction for Parents of Preschool Youngsters) is a parent involvement, school readiness program for children ages 3-5. NCJW volunteers plan and participate in cultural enrichment field trips and end-of-year celebrations.	Dallas Museum of Art: Wednesdays from 10:00 a.m. to noon (October to April) per annual schedule; Dallas Museum of Nature and Science: when scheduled during school year
Kids in Court	This program assists the Dallas District Attorney's office in preparing children who are potential witnesses in felony child abuse cases. Volunteers assist in making the courtroom and its procedures familiar to these children and their families.	Sessions held 5 Saturday mornings each year; 3-5 NCJW volunteers per session
Meyerson Symphony Center Docents	The Meyerson Symphony Center hosts the Dallas Symphony Orchestra and houses the Herman W. and Amelia H. Lay Family Concert Organ. NCJW provides public and private tours of the Center.	Tours average 1 hour; scheduled at the volunteer's availability, on an as needed basis determined by requests for tours
Meals on Wheels - Jewish Family Service and Visiting Nurse Association	This program provides nutritious home-delivered meals to those who due to illness, advanced age, or disability are unable to provide proper meals for themselves. It helps to assure that individuals maintain the ability to live independently for as long as possible without having to cook.	<b>JFS</b> (kosher meals): 2 volunteers per delivery - one week (Mon/Wed/Fri) 4 times per year. <b>VNA</b> : first Wednesday morning of the month time is approximately 10:00-11:30
Parkland Foundation Universal Newborn Hearing Screening Program	All babies born or transferred to Parkland receive a hearing screening prior to discharge. Volunteers perform hearing screenings for newborns in Parkland's Continuing Care Nursery.	3 hours in the morning (at Parkland Hospital); volunteers are scheduled as needed
Vickery Meadow Food Pantry	Various volunteer roles at the Pantry from picking up and delivering bakery donations, stocking the shelves and refrigerators, providing direct client services, sourcing needed items, handling client intake and record keeping, and filling key managerial positions.	Mondays 9:00 - 11:00 a.m.; Wednesdays 12:30 - 3:00 p.m.; Thursdays 8:30 a.m. - 12:00 noon; Saturdays 8:30 a.m.- 12 noon; other times at the volunteer's convenience
VMLC (Vickery Meadow Learning Center)	This center is an adult literacy program, dedicated to improving the communication and life skills of non-English speaking adults so they may function more productively in society.	Volunteer teachers are needed for 2 hours, once a week for 13 weeks per semester. There are three options for class times: 9:00-11:00 a.m., 12:30-2:30 p.m., or 7:00-8:45 p.m.
WACHS (Women's Access to Comprehensive Health Services)	This project provides young people in our community with medically accurate, age appropriate sexuality education through a curriculum designed by NCJW Dallas. It also distributes health information resource cards throughout the community, and advocates for greater access to comprehensive health services for women.	(scheduled throughout the year) volunteers: workshop facilitator/trainers; curriculum planners; outreach; update wallet resource cards